

# THE VOICE OF OUR MEMORY

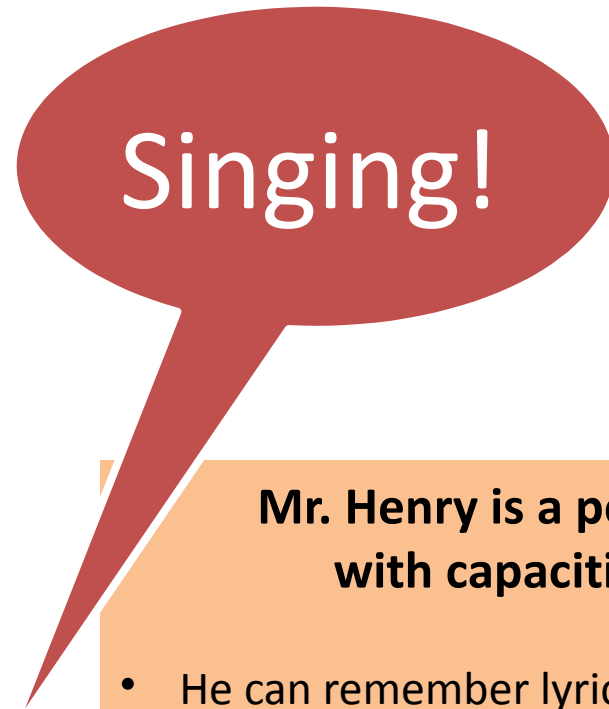
**THIS PROJECT IS NOT  
ABOUT DEMENTIA,**

**IT IS A PROJECT  
ABOUT A PEOPLE WITH  
DEMENTIA!**

**THIS IS A PROJECT  
ABOUT PEOPLE WHO  
LIKES TO SING**

**SINGING**  
YOU'VE GOT  
BEAUTIFUL  
**MUSIC**  
**HERE**





### Mr. Henry is a person with dementia

- He has problems with the memory
- He has problems with communication
- He gets more and more isolated.
- He loses a lot of social contact

**but**

### Mr. Henry is a person with capacities

- He can remember lyrics and songs and he can sing the songs.
- By singing he communicates in a new way.
- He likes to sing with other people .
- By singing he can make new contacts.



Let's work together

## Healthcare

Knowledge and experience about dementia.

Experience with nursing and guiding people with dementia.

Strong network in the field of healthcare.

Good contacts with families and with volunteers.

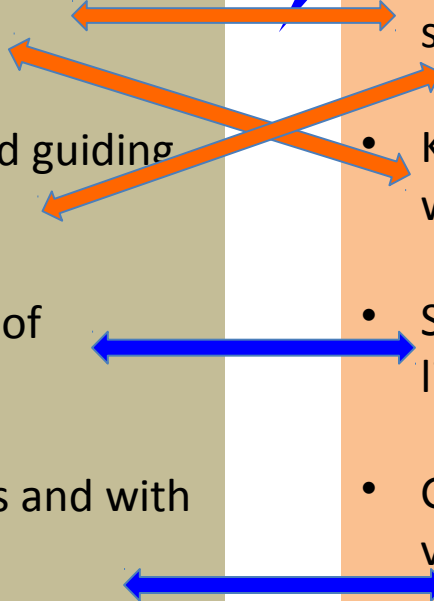
## Choral world

- Experience with vocal training and singing together.

- Knowledge of the repertoire and with publishing music.

- Strong network with people who likes to sing and to make music.

- Good contacts with singers and volunteers





A good partnership!

### Health care

- Expert centre dementia Flanders
- Regional dementia expertise centre Foton- Brugge
- Nursing home Den Olm – Bonheiden
- Hospital Imelda – Bonheiden

### Choral world

Koor&Stem vzw  
House of Music vzw

**Project 'The voice of our memory'**

# Project 'The voice of our memory'

## Actions

- survey
- inspiration guide
- songbook
- CD
- website ([www.zingenmetdementie.be](http://www.zingenmetdementie.be))
- information sessions
- coachingsprogram
- trainingsprogram for coaches
- education for students in the field of healthcare

## Results

- 15 contact choirs in Flanders today.
- more than 20 contact choirs will start up in coming months.
- individual singers participate actively in contact choirs.
- very strong public and private support for this project

# Tension between cultural world and healthcare providers

## HEALTH

- Social processes (informal carer – person with dementia – professional)
- Culture in healthcare is as water in the desert
- Culture = entertainment, occupational activities
- Need for cultural education in care

## CULTURE

- Artistic results
- Attention for social processes?
- Need for integration, empowerment and inclusion
- Dementia choirs: segregation or inclusion?

# Thank you for your attention!

**More information:**

[www.zingenmetdementie.be](http://www.zingenmetdementie.be)

[www.koorenstem.be](http://www.koorenstem.be)

**Inspiration guide in English**

A new version of our inspiration guide 'The Voice of our Memory' will be soon available in English.

Please send us a message if you like to order this inspiration guide:

[dementie@koorenstem.be](mailto:dementie@koorenstem.be)